

Child Care Resource and Referral is a project of the Indiana Association for Child Care Resource and Referral and the Indiana Family and Social Services Administration



NEWSLETTER

October 2011

Issue # 10

Printed monthly at:
1101 S. 13th St.
Terre Haute, IN 47802

Thanks for Making Our Fall Conference a Success!!

We would like to thank everyone who attended our conference.
Visit www.casonline.org for color photos of the event.





Congratulations

Newly Enrolled Providers

Mit's Learning Pond
Vigo County

Precious Playmates
Daycare Ministry
Morgan County

Playcare
Sullivan County

Providers who recently increased to Level 2

Kiddie Korner Daycare
Clay County

Hale's Little Angels
Child Care II
Clay County

Guardian Angel Daycare's #D
Greene County

Small World Learning Center
Vigo County

Kiddie Korner Daycare 2
Clay County

Hale's Little Angels
Child Care III
Clay County

Guardian Angel Daycare's #E
Greene County

Bonnets & Bears Child Day Care
Putnam County

Hale's Little Angels
Child Care, Inc
Clay County

Bethany A Watters
Greene County

Color My World Child Care and Preschool
Morgan County

Precious Treasures Day Care
Vigo County

Hale's Little Angels
Child Care I
Clay County

Guardian Angels Daycare
Greene County

Little Hands Childcare and Preschool Inc
Vigo County



Please Note:

All CASY trainings with low registration are cancelled 48 hours in advance. Please register early!

You're Invited
to the
4th Annual
Paths to QUALITY
Celebration
Dinner!!



Sponsored by: Wabash Valley Association of the Education of Young Children

We are having our 4th Annual *Paths to QUALITY Celebration Dinner* and would like for you to attend! This dinner is to honor Paths to QUALITY Providers and to provide information to providers interested in learning more about the program. It will be an excellent opportunity for you to ask questions and to network with other professionals in your field. We will have guest speakers & door prizes.

Time: 6:30pm-8:30pm

Date: Thursday November 17, 2011

Location: Booker T. Washington
Community Center Gym

1101 S 13th St, Terre Haute IN 47802

To RSVP or for questions call:

Kelsey Morris

at 812-232-3952 or 800-886-3952 ext 36

or kmorris@casyonline.org

“A Child’s Play” training series now available!

We are excited to announce that we are the recipient of a United Way of the Wabash Valley grant. The purpose is to support early education and curriculum in the areas of creative art, music/movement, language development, blocks/dramatic play, and science/math. This series is to assist you in developing everyday learning experiences for the children that you care for. It is designed for providers that are new to the field, those considering enrollment into Paths to QUALITY, or those that are working on achieving levels 2 or 3 on Paths to QUALITY. The trainings are available to those in our United Way of the Wabash Valley counties of: Clay, Parke, Sullivan, Vermillion, and Vigo. The cost for each training is \$5 per person and each person will get a resource to take home! Don't miss out on this exciting opportunity. Look for these trainings on the training calendar and register today!



Fall Fun with Food

Munch on Monsters

Ingredients

- English-muffin halves
- Pizza sauce
- Parmesan cheese
- Pepperoni
- Olives
- Carrot curls



Instructions:

1. Lightly toast English-muffin halves, spread them with pizza sauce, and sprinkle on cheese.
2. Have each child make a face from toppings such as pepperoni, olives, carrot curls, and other veggie pieces.
3. Broil briefly to heat the pizza and melt the cheese. Parmesan "dandruff" makes a deliciously vile finishing touch.

Hot Dog Mummies

Ingredients:

- 1 11-ounce can of refrigerator breadsticks
- 1 12-pack of hot dogs
- Yellow mustard



Instructions:

1. For each mummy, separate one breadstick from the roll and use kitchen shears or a knife to slice it in half lengthwise to create two thinner strips.
2. Wrap one strip at a time snugly around the hot dog. Depending on the size of the hot dog, you may not need all of both strips. Leave about 1/2 inch of hot dog exposed for the face area and continue wrapping the top of the hot dog.
3. Bake the mummies on a cookie sheet at 350° for 15 to 18 minutes or until the breadstick wrapping is golden brown.
4. Remove the mummies from the oven and cool them for 5 minutes. Add yellow mustard eyes just before serving.

Acorn Dough Nuts

Ingredients

- Chocolate Frosting or Peanut Butter
- Donuts
- Crumbled Toffee or crushed nuts
- Pretzel

Instructions

- Frost a third or so of a plain or glazed doughnut hole with chocolate frosting or peanut butter.
- Roll the frosted top in crumbled toffee or crushed nuts (look for it in the baking section of grocery stores), then add a small piece of pretzel for the stem.



Flap Jack-o'-lanterns

Ingredients

- 2 cups all-purpose flour
- 1 tbsp. baking powder
- 1/2 tsp. salt
- 2 tbsp. sugar
- 1 tsp. pumpkin pie spice



- 2 eggs
- 1 3/4 cups milk
- 3 tbsp. melted butter plus 1 tbsp. for frying
- 1/2 cup cooked and mashed pumpkin or canned pumpkin

Instructions:

1. Sift together flour, baking powder, salt, sugar and pumpkin pie spice in a large bowl. In a medium bowl, whisk the eggs and milk. Add 3 tablespoons of melted butter and the pumpkin to the wet ingredients, and whisk together. Pour the mixture over the dry ingredients, and stir just until blended a few lumps are okay.
2. Heat the remaining butter on a griddle over medium-high heat. Then pour 1/4 cup of batter for each pancake. When the flapjacks bubble on top, flip and cook until brown on other side.

Resources by: <http://familyfun.go.com>

Halloween "special brew" Snack Mix

- 2 cups of crispex cereal (spider webs)
- 1 cup of pretzels (skeleton bones)
- 1/2 cup of raisins (bat eyes)
- 1/2 cup mini marshmallows (ghost toes)
- 1/2 cup of choc chips (monster poop)
- 1/2 cup of dried cranberries (drops of dried mummy blood)

You mix up the "brew" in one of those black plastic witches cauldrons or pumpkins (the buckets kids use to trick-or-treat with) by adding the ingredients one at a time and telling a little story about each ingredient in this special Halloween brew. You may have to adjust the ingredient titles to the ages of the children – some kids might be scared of the drops of blood for instance so you could call them pumpkin noses or something a little less intense than drops of dried blood). You might also put the ingredients on an individual plate for each child and let the children mix in the ones they want as you tell the story at the snack table.



5 Ways to Stay Positive in Negative Situations



We all face negative situations in our life. Someone may say something bad about you or child care in general, or they may not see the value in something you've worked hard on. During these situations it is difficult to keep a positive attitude, but we are judged by the way we handle these situations, so staying positive is the professional way to react to an adverse situation. Your natural inclination is to release your inner Hulk and bash. This type of negative reaction will only make the circumstances worse with those who caused it and you will end up filled with disappointment and anger. You can beat negative situations by maintaining a positive attitude. The attitude you take when faced with a negative situation is a choice. In the business world maintaining a positive attitude in negative circumstances is a valuable skill to learn. It will keep your professional reputation intact and show you can handle any negative situation.

5 Rules to Help You Stay Positive

The way to beat a negative situation is to maintain a positive attitude. It is not easy and requires discipline on your part, but you can do it. At first you may not succeed every time so consider it a training program. Eventually you will learn to control your reactions out of habit.

Rule # 1 – Control Your Response

The golden rule of staying positive in a negative situation is to control your response. Take a deep breath, count to 10, do whatever it takes to remove you from the negativity. Wait until you calm down and have thought clearly about your response. If you respond out of emotion you will only make things worse. Remember Thumper's rule. "If you can't say anything nice, then don't say anything at all." This is good advice when you find yourself in a negative situation. Negative situations are compounded when they cause you stress. Learn how to deal with stress to eliminate the extra negativity.

Rule # 2 – Learn From Negative Situations

Look at a negative situation or event as an opportunity to learn and grow personally. Albert Einstein said "In the middle of difficulty lies opportunity." Don't channel your energy into a negative reaction, but into something positive that will make the situation better, not worse. If you do react to something negatively, note it and the circumstances that caused it. Learn from it by identifying the triggers that caused your reaction so you can watch for them in the future. Train yourself so you control the situation instead of allowing the situation to control your actions.

Rule # 3 – If You Make a Mistake, Admit it

We are human so we all make mistakes from time to time. When you do you need to step up and admit it. One thing I told my boss a long time ago was that if I ever made a mistake he would hear it from me first. If you make a mistake that leads to a negative situation, admit to it, learn from it and move on.

Rule # 4 – Maintain a Positive View

Don't allow your opinion of someone to become jaded by a negative situation. Keep a positive view about a person or a situation and don't jump to conclusions. Be proactive in dealing with adverse circumstances, not reactive. If the negativity is true see rule # 3. If not then affirm what you already know about yourself and your work. When you are working under pressure it is hard to keep a positive attitude, but for a manager often pressure is part of the job. Learning how to work under pressure will help you overcome a source of negative situations.

Rule # 5 – Accentuate The Positive

Remember that scene in The Jungle Book where Baloo breaks into a song about staying positive?

You've got to accentuate the positive
Eliminate the negative
And latch on to the affirmative
Don't mess with Mister In-Between

Words of wisdom from a dancing bear.

- Emphasize your positive attitude by your actions and in your words.
- Eliminate any negative thoughts generated from a negative situation. Nothing good is gained from a negative reaction.
- Affirm the positive truths you know to be true about yourself and your work.
- Don't flip-flop between positive and negative. When negativity comes to you remove yourself from the situation, flip to the positive side and stay there.

Life will continuously present you with negative situations. You choose how you react to them. Rather than waste energy and your reputation by reacting negatively, learn to turn a negative situation into a positive. Don't let the actions of others or circumstances turn you to the dark side of the workforce.

Keeping a positive attitude in a negative situation is hard, but if you work at it you will learn to overcome your emotional reactions. Doing so will enhance your professional appearance and show that even under negative circumstances you can maintain control and deal with any issue in a positive way.

Exceptional Explorations

Bridges of Indiana and Child Adult Resource Services (C.A.R.S.) are teaming up with the Terre Haute Children's Museum to sponsor a unique opportunity for individuals with disabilities to experience the facility. This program, titled "Exceptional Explorations", will allow individuals with disabilities and their families to experience the Terre Haute Children's Museum at NO COST. Six dates out of the year have been chosen for the Children's Museum to open their doors to allow these individuals the opportunity to experience the facility on a more personal level. This is a very exclusive chance for these agencies to provide an extraordinary time for these individuals and their families to visit the Children's Museum in a private setting.

In order to track the number of attendees, a kiosk will be placed in the Children's Museum at the beginning of September which participants can use to register. For those who are unable to visit the facility or would like to register before September, they can complete the application through the following website (www.bridgesofindiana.com). Click on the Calendar tab, then on Exceptional Explorations to register for a date. Registration is necessary to ensure that those who participate have a positive and worthwhile experience. Interested parties can complete the form and plan to make this special visit on the day that they have expressed an interest in.

What is National Accreditation in Early Childhood Programs?

Accreditation is an important early childhood quality initiative. The focus of accrediting bodies is to recognize and promote “best practices” in early childhood settings.

Accreditation:

- Defines standards of quality for the field of early childhood care and education.
- Helps families and policymakers recognize high-quality early childhood programs and initiatives.
- Recognizes teachers/providers as professionals and supports ongoing training and professional development.

Many organizations offer Accreditation of early childhood programs. Some of the most common are:

Council on Accreditation (COA):

An international organization partnering with human service organizations to improve service delivery outcomes by developing, applying, and promoting best practice standards for programs serving all ages.

National Association for the Education of Young Children (NAEYC):

An international member organization of early childhood professionals acting on behalf of the needs, rights and well being of all young children, birth to age eight, with primary focus on the provision of educational and developmental services and resources.

National Association for Family Child Care (NAFCC):

A non-profit organization dedicated to promoting quality child care by strengthening the profession of family child care.

National Early Childhood Program Accreditation (NECPA):

An international accrediting organization dedicated to raising early care and education program’s quality bar, bringing tangible benefits and experiences to the lives of the children and families they serve.

Association of Christian Schools International (ACSI):

A worldwide accrediting organization uniquely dedicated to delivering the message of Christ dedicated to school improvement to assist schools in changing for the better in an orderly and systematic way through accreditation.

National Afterschool Association (NAA):

An accrediting organization of afterschool professionals dedicated to the development, education and care of children and youth during their out of school hours.

Please watch our training calendar for some upcoming changes to better assist you in achieving accreditation. We will begin offering trainings on TEACH and Accreditation and series trainings to meet the training requirements of some accrediting bodies.

Congratulations to these programs that are currently accredited:

- | | |
|---|--|
| * United Child Care | * Indiana State University Child Care Center |
| * Just Like Home | * Loving Ways |
| * Union Hospital Child Development Center | * Indiana State University Toddlers |
| * Martinsville Resource Center | * New Pathways |
| * Woods Daycare/Preschool, Inc | * ISU Infants |
| * Owen County Resource Center | * New Pathways |
| | * Tender Moments Playhouse |



Karen Harding and children from Smidgens Child Care join Sullivan County and United Way of the Wabash Valley Officials in opening the Born Learn Trail in Sullivan City Park.

FREE VISION SCREENINGS FOR PRESCHOOL CHILDREN (Plus they will come to you!)



The local Indiana Lions Clubs in our community in conjunction with the Indiana Eye and Tissue Transplant Bank, Inc. and the Indiana University Department of Ophthalmology offer FREE eye screenings for preschool children. The screening provides instant readings of the child's eyes to determine the presence of possible eye disorders. No physical contact is made with the child and no eye drops or medications are used. The screening is approximately 85-90% effective in detecting significant factors that can cause a decrease in vision.

What kind of screening?

The Lions use the PediaVision screening device to identify children who may be at risk, and if left untreated, may lead to a lifetime of vision problems or even loss of vision. The PediaVision can detect near sightedness, far sightedness, astigmatism, and other amblyopia (dull vision) factors.

Why is it important to do preschool vision screenings?

The eye muscles that control the eye, optic nerve, and the area of the brain that gives us vision are completely developed by the age of six, no matter how perfectly or imperfectly. Vision deficiencies that may have occurred during development will be very difficult or impossible to treat after the age of 6, when the development has completed. Many of these problems when caught early, can be completely corrected, and the earlier they are diagnosed the better the chance of the correction, as well as the less expense in treatment.

Did you know?

More than 60% of children in the United States have not been examined by an optometrist or ophthalmologist by age 6.

Most people think that when they take their child/children to the pediatrician that the pediatrician will discover vision conditions. Most pediatricians have only had a small amount of training related to the eyes, so vision problems are more likely detected and addressed by an optometrist or ophthalmologist.

Children do not know that they have a vision condition. You know when you need to go to the eye doctor because you have had previous experience at seeing well. You can tell the eye doctor when what he/she is doing is helping your vision. The young child doesn't know how well they should be able to see. Most young children under the age of 5 are not capable of communicating effectively to solve the problem, or to even tell you that there is a problem.

Who can be screened?

Operation Kid Sight volunteers only screen children ages 1-5 years of age. The child has to be able to fixate (look at a specific object) which requires them to be at least one year of age. If they are older than 72 months, they may be more effectively screened by other methods.

How the screenings work:

The vision screenings can be conducted in several different ways. Typically the volunteers will set up screenings with child care providers (centers and homes.) They can also set up a community screening. Before any screening is done, each child must have consent from parents.

The screenings are conducted with a reading (a picture taken) of the child's eyes while the child looks at the PediaVision. If further examination is warranted, the parents are advised by mail or phone to refer to an eye doctor of their choice. All children/families will receive a follow after the screening from PediaVision.

(No doctor recommendations are made, just a referral.) The screening is neither a diagnosis nor an examination. It is simply a reading of the child's eyes.

FREE?

The cost of the screening is paid in full by the Lions using funds raised by Lions in fundraising projects.

If you are interested in getting a screening scheduled, you can contact a local Lions Club or contact Janice Chapman- State Program Coordinator of Operation Kidsight at 317-578-0491 or kidsight@sbcglobal.net.

October 16 – 22, 2011

HEAD START BODY START ENCOURAGES EARLY CHILDHOOD PROGRAMS AND FAMILIES TO CELEBRATE *TAKE IT OUTSIDE WEEK!*

RESTON, VA, August 29, 2011-- To increase outdoor play while celebrating the environment, Head Start Body Start National Center for Physical Development and Outdoor Play (HSBS), the national initiative sponsored by the National Association for Sport and Physical Education (NASPE) and the American Association for Physical Activity and Recreation (AAPAR), will host the second annual *Take It Outside! Week*, October 16 – 22. The purpose of the week-long celebration is to get young children outside, connect with the natural world, while tapping into the many health benefits of outdoor play, including increased moderate to vigorous activity, vitamin D exposure, increased immunity and better sleep as well as playing more creatively.

Take It Outside! Week is also a great opportunity to support First Lady Michelle Obama's new Let's Move! Child Care Campaign which encourages day care facilities and home-based providers to provide 1-2 hours of physical activity throughout the day, including outside play when possible.

According to Center Director Mariah Burton Nelson, "We know that physical activity fosters muscular development, brain growth, and the maintenance of a healthy weight. When children 'take it outside,' they engage in physical activity, benefit from fresh air and sunshine, and learn to enjoy, respect and appreciate nature.

"Unfortunately children today spend less time playing outdoors than any previous generation," added Nelson. "We want to help early childhood educators and caregivers to discover the benefits of outdoor play and learn about outdoor play spaces that promote movement opportunities for children of all ability levels. When adults model and promote physical activity, they set young children on a path toward a lifetime of healthful behaviors."

HSBS will provide programs and families with everything they need to celebrate *Take It Outside! Week* including activity ideas, tips for facilitating active play, and suggestions for enhancing the environment. From *Books That Move You* to *15 Simple Ways to Get Moving*, the activity resources are designed to increase physical activity for young children and promote family involvement. Here are a few fun suggestions: go on an acorn hunt, build forts and dens, make healthy apple snacks, add hay bales to the playground, go pumpkin or apple picking, fly a kite, go on a color orange hike and many more.

According to Bethel Almeras, HSBS education and outreach director, "fall is the perfect time of year to head out and enjoy the great outdoors! We hope that by celebrating *Take It Outside! Week*, educators and caregivers will experience the many health and school readiness benefits that the natural world provides young children, and enjoy the benefits of time outdoors for themselves. We want this week to inspire them to make outdoor play and learning a part of children's daily lives."

"Your natural environment resources have made us really rethink the outside as a classroom," said Allison Driessen, director of Early Explorers Head Start and Early Head Start in north central North Dakota. "Our infant/toddler teachers really came alive because they have been given permission to explore mud puddles, go in the grass, check out bugs and encourage more movement. Keep up the great work."

Head Start and Early Head Start programs serve over one million children and their families monthly. For a wonderful array of free resources about *Take It Outside! Week*, visit <http://www.aahperd.org/headstartbodystart/news/take-it-outside-week-2011.cfm>

Head Start Body Start

Head Start Body Start National Center for Physical Development and Outdoor Play (HSBS) is a project of the National Association for Sport and Physical Education (NASPE) and the American Association for Physical Activity and Recreation (AAPAR), which are associations of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD). Funding for HSBS is provided by the Office of Head Start (OHS), Administration for Children and Families, US Department of Health and Human Services.

The purpose of HSBS is to increase physical activity, outdoor play and healthy eating among Head Start and Early Head Start children, families and staff. HSBS is assisting Head Start programs in creating healthy learning environments, both in and outside the classroom, through structured and unstructured physical activity that leads to the physical, cognitive, social and emotional development of young children and reduces obesity and its associated costs.

Blue River Services is now the Fiscal Agent for the First Steps of West Central Indiana program serving Clay, Daviess, Greene, Knox, Martin, Owen, Parke, Putnam, Sullivan, Vermillion & Vigo counties. The new office is located at 4130 S. 7th Street, Terre Haute, IN 47802. Please call us at 877-860-0413 to make a referral.

Indiana's **First Steps** System is a family-centered, locally-based, coordinated system that provides early intervention services to infants and children under 3 with disabilities or who are developmentally vulnerable. First Steps brings together families and professionals from education, health and social service agencies. By coordinating locally available services, First Steps is working to give Indiana's children and their families the widest possible array of early intervention resources.

Reminder for Child and Adult Care Food Program providers: Full compliance with the CACFP 21-2011 modified milk requirement policy goes into effect October 1, 2011. The modification requires that fluid milk served in the CACFP be consistent with the most recent version of the Dietary Guidelines for Americans. The 2010 Dietary Guidelines recommend that persons over two years of age consume fat-free (skim) or low-fat (1%) fluid milk. This is **now** a requirement for Child and Adult Care Food Program providers; **fat-free (skim) or low-fat (1%) fluid milk must be served to children 2 years of age and over.** Whole milk and reduced-fat (2%) milk may not be served to participants **over** two years of age.

Note: Per FDCH licensing and IDOE CACFP it is recommended one year old (12 months to 23 months) children are be served whole milk up to their two year birthday.



Attention CASY Food Program providers, Master Menu Changes Coming: Effective November 1, 2011 the long standing CASY Master Menu is being replaced by CASY Menu Templates for the Minute Menu System. So after November 1st file away and no longer use any CASY Master Menu copies you may have. The menus have been updated for more choices, variety and to meet the USDA 2010 Dietary Guidelines and CACFP requirements. The new CASY Menu Templates will be available on the Food Program web page at www.casonline.org or on hardcopy. If you wish to have a hard copy of the CASY Menu Templates contact the CASY Food Program office at extension 27 to have a copy mailed to your facility. For any questions regarding these new menus or other menu questions contact the CASY Food Program office at extension 28 or 29.



What can I do
to help
kids in the
Wabash Valley?

A lot more than you think.

Child abuse and neglect is preventable. You don't have to be a social worker or even have a college degree to be part of the solution.

If you care about your community and care about kids,
you can make a difference.

Join your neighbors and friends at a **Community Forum**
to discuss the future direction of the Vigo County C.A.R.E. Council.

Make your voice heard.

Tuesday, October 25

5 to 6pm

Vigo County Public Library

FOR MORE INFO:

Call **812-231-8362**

Orientation I and II Trainings:

Do you want to become a licensed child care provider? You can begin by attending our Orientation Trainings.

Orientation I - Part 1 of 2 on opening a Child Care site. Start up workshop for those interested in opening a Licensed Home, Licensed Center, or Unlicensed Registered Ministry to learn about basic health, safety, and start up requirements, plus information on the different types of child care programs in Indiana. Strongly encouraged, but not required for Unlicensed Registered Ministries. *CDA Subject Area: I (1 hour), V (.75 hours), VI (.25 hours)*

Orientation II – Part 2 of 2. For Licensed Family Child Care Providers. Learn about licensing regulations and what steps to take in the process. *CDA Subject Area: I (1.5 hours), V (1.5 hours), VI (.5 hours)*

10/4/2011 Orientation II - 4:30pm-8:00pm - Owen County Public Library (Owen)

10/6/2011 Orientation I - 6:00pm-8:00pm - Martinsville Public Library (Morgan)

10/19/2011 Orientation II - 4:30pm-8:00pm - Martinsville Public Library (Morgan)



Prevent Child Abuse Indiana Luncheon/Workshops

“BRIGHT FROM THE START EARLY BRAIN DEVELOPMENT”

Speaker: Ann Johnson, RN, MSN, Healthy Families MOM Project Assistant Director

(or other Healthy Families Representative)

LUNCHEON/WORKSHOP 12:00pm-2:30pm

\$8.00 at the door (cash or check only)

Southern Indiana

Friday, October 27, 2011

Location:

Orleans First Baptist Church

751 East Washington Street

(HWY 337)

Orleans, IN 47452

Central Indiana

Friday, November 4, 2011

Location:

The Villages Child & Family Service Center
(PCAIN Office)

3833 North Meridian Street

Indianapolis, IN 46208

Space is limited, please register early. Registration form is also available online at www.pcaain.org.

Wabash Valley Association for the Education of Young Children

2011-2012 Meetings

New this year... All of our WVAEYC meetings will include a training topic.

You will receive a training certificate for attending. Meetings are open to all WVAEYC members.

MARK YOUR CALENDARS:

All meetings/trainings (6:30pm-8:30pm)

November 17, 2011– Booker T. Washington Community Center

February 16, 2012– Vigo Co. Library

May 17, 2012– Vigo Co. Library

August 16, 2012– Vigo Co. Library

Please join us!!

Any suggestions or Questions please email

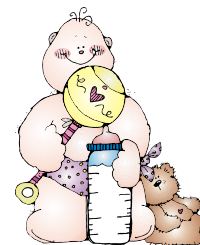
Tonya Williams, President

Tonyapearl@gmail.com

Better Baby Care Series to Begin in October

Better Baby Care (BBC) will begin Sat. October 22nd. Better Baby Care is a series of classes that total 30 hours of training in best practices when caring for infants and toddlers. There are 3 – 10 hour units: Caring Safely, Family Centered Care, and Watch me Grow, Help me Learn. The first 10 hours (Caring Safely) are health and safety subjects as well as equipment specific to infants and toddlers. The 2nd 10 hours (Family Centered Care) talks about how to deal with families and policies for child care. The final 10 hours (Watch me Grow, Help me Learn) covers child development, appropriate expectations, developmentally appropriate practices, and activities and planning for infants and toddlers. Better Baby Care will help any provider on Paths to QUALITY in levels 1, 2, and 3. BBC is a series training and must be completed in the order offered. If you miss a class, you will have to wait until next year to pick back up where you left off. The classes are scheduled at the Booker T. Washington Community Center (Vigo) as follows:

- October 22nd (8:30am – 1:30pm)
- November 19th (8:30am – 1:30pm)
- December 10th (8:30am – 1:30pm)
- January 14th (8:30am – 1:30pm)
- January 28th (8:30am – 1:30pm)
- February 11th (8:30am – 1:30pm)



There are assignments given in class to be done outside of class before the next session that will give you an additional 2 hours credit and must be completed to come to class. You must be able to attend all of these dates to register. **There is a \$25.00 fee per person for this series. For more information or to register, please call Jill at ext. 34.**



CPR Information
CPR & First Aid

Classes include Universal Precautions

All CPR, First Aid and Universal Precautions classes are \$30 per person.

- * Registration and payment must be received in advance.
- * Classes are filled on a first-come basis and money is non-refundable.
- * Classes are held at the Booker T. Washington Community Center, Small Conference Room.
- * Classes begin promptly; late attendees cannot be admitted.
- * Classes are not designed to accommodate children.
- * Call the CASY office, ext. 30 for available dates and additional information.

**The CASY office will
be closed
Monday, October 10
in Observance of
Columbus Day.**



The Provider Resource Room

Hours

Monday - Friday 9:00am - 5:00pm

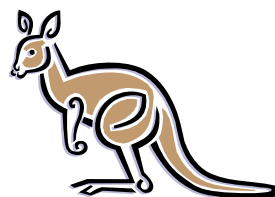
&

1st Saturday of the month

Our next open Saturday is October 1 from 9:00am - 1:00pm

Come in during our business hours to use our Provider Resource Room. We have a Lending Library with several great books available to borrow, also a Waxing Machine, Laminator, AccuCut Machine, and much more! This room is open for providers and their employees to use. We have staff available to answer questions and to show you how to use the items in the Resource Room.

For any questions feel free to contact the CASY office at
800-886-3952 or 812-232-3952



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Community Alliance and Services for Young Children

1101 S. 13th– 2nd floor
Terre Haute, IN 47802

Return service requested

Phone: 812-232-3952 or 800-886-3952

Fax: 812-232-1731

<http://www.casonline.org>

NON-PROFIT ORG.

U.S. POSTAGE

PAID

Terre Haute, IN

Permit No. 841

CASY Membership

CASY Membership fees are used to enhance our programs and projects.

Membership is open to child care and early education professionals as well as business and individuals interested in supporting our mission to promote developmentally appropriate early education and quality child care.

General membership types receive:

- AAA Hoosier motor club discount membership
- Monthly newsletter
- Free Notary Public Services
- Access to Lending Library
- Access to Accu-Cut Machine
- Access to Cricut cartridges
- Access to our rubber stamp collection
- Discount coupon from Education World, Terre Haute

Child Care provider/Early Educational Professional membership receive in addition:

- 100 free photo copies per month
- Free laminating– 20 sheets per year
- Free newsletter classified ads
- Qualifies as Professional membership for CDA and renewal
- Special gifts and items throughout the year
- Discount to CASY conferences

Thank you for your support!

Your membership is a reflection of your investment in quality child care for our community.

All membership types only \$30 per year

Type of membership check one

_____ Child Care or Early Education Professional (All benefits)

_____ Individual interested in quality child care and early education in our community (General membership benefits)

_____ Business interested in quality child care and early education in our community (General membership benefits)

Name _____

Child Care site or school if applicable _____

Business name if applicable _____

Mailing address _____

City _____ State _____ Zip code _____

Email: _____

Phone: _____

It is the policy of CASY not to discriminate on the basis of race, color, religion, sex, national origin, age, or disability, in its programs, activities, or employment policies.