

Child Care Resource and Referral  
is a project of the Indiana  
Association for Child Care  
Resource and Referral and the  
Indiana Family and Social Services  
Administration



## NEWSLETTER

June 2011

Issue # 6

Printed monthly at:  
1101 S. 13th St.  
Terre Haute, IN 47802



www.cpsc.gov

## Child Care Providers Your Guide to New Crib Standards

Beginning December 28, 2012, any crib provided by child care facilities and family child care homes must meet new and improved federal safety standards. The new standards take effect for manufacturers, retailers, importers and distributors on June 28, 2011, addressing deadly hazards previously seen with traditional drop-side rails, requiring more durable hardware and parts and mandating more rigorous testing.

### What you should know...

- This is more than a drop side issue. Immobilizing your current crib will not make it compliant.
- You cannot determine compliance by looking at the product.
- The new standards apply to all full-size and non full size cribs including wood, metal and stackable cribs.
- If you purchase a crib prior to the June 28, 2011 effective date and you are unsure it meets the new federal standard, CPSC recommends that you verify the crib meets the standard by asking for proof.
- \* Ask the manufacturer, retailer, importer or distributor to show a Certificate of Compliance. The document must:
  - Describe the product
  - Give name, full mailing address and telephone number for importer or domestic manufacturer
  - Identify the rule for which it complies (16 CFR 1219 or 1220)
  - Give name, full mailing address, email address and telephone number for the records keeper and location of testing lab
  - Give date and location of manufacture and testing
    - The crib must also have a label attached with the date of manufacture

### What you should do...

- All child care facilities, family child care homes, and places of public accommodation:
  - Must prepare to replace their current cribs with new, compliant cribs before December 28, 2012
  - Should not resell, donate or give away a crib that does not meet the new crib standards.
- Dispose of older, noncompliant cribs in a manner that the cribs cannot be reassembled and used.
- Noncompliant cribs should not be resold through online auction sites or donated to local thrift stores. CPSC recommends disassembling the crib before discarding it.

**Please call Jill at ext. 34 with any questions you may have.**



## Exciting new Professional Development Grant Available

United Way Success by Six- Counties: Clay, Parke, Sullivan, Vermillion, Vigo

The United Way of the Wabash Valley supports child care providers and early education professionals in our community. Professional Development reimbursement grants are available for you to attend trainings or conferences. See page 2 for more information. Application also included in this newsletter.



## Early Education Professional Development Grant Reimbursement GUIDELINES

### Purpose

The Professional Development Grant Program supports attendance at continuing education programs for child care providers/early education professionals that work directly with children ages 0-6.

### Eligible Conferences, Trainings, and Workshops

Success by Six Professional Development Grants may be used for conferences, trainings, or workshops that focus on early education, child development or child care. Conferences, trainings, or workshops must be significantly related to the applicant's position and improve the applicant's ability to do his or her job and the agency's ability to foster the healthy development of young children. Funds may not be applied to a conference or training that have already occurred.

### Eligible Expenses

Professional Development Grants may only be used for the following expenses: Registration/conference/training fees. The minimum cost of the registration must be \$30. Trainings with minimal registration fees of less than \$30 are not eligible for a grant. Total grant available: **\$ 150 maximum and only one grant per person per calendar year.**

*Examples: A training costs \$25 to attend... this training is not eligible for the grant. Do not apply.*

*A training costs \$75 to attend... you may apply for \$75 reimbursement and if awarded may not apply again in this calendar year.*

*A training costs \$200 to attend... you may apply for \$150 reimbursement for the registration and if awarded may not apply again in this calendar year.*

### Eligibility Requirements and Guidelines

1. Applicants must be a staff member of a child care site or preschool and provide direct care to children ages 0-6.
2. Applicant must work or live in the United Way of the Wabash Valley IN Counties- (Clay, Parke, Sullivan, Vermillion or Vigo).
3. Grants are limited to **one per person** per year and a maximum of **three per agency/organization** per year. Licensed child care homes with one license holder owning multiple sites are limited to three total grants.
4. Conferences or courses must begin after the grant decision date, which is the first of the month following the application deadline.
5. Grants are non-transferable and can be used by the recipient only. Funds must be used specifically for the purposes stated in the application.
6. Duplicate submissions from the same organization (different people submitting an application with the same answers, or multiple names on one application) will not be accepted.
7. Please make sure that you submit a complete application. Incomplete applications will not be reviewed.

### Evaluation, Selection, Notification, and Follow-up

1. A limited number of professional development grants (maximum \$150 each) will be awarded each month on a competitive basis. Applications are due the 10<sup>th</sup> of every month.
2. If funding is limited, priority will be granted to 1) Paths To QUALITY enrolled sites 2) Licensed child care facilities.
3. Applicants will be notified of their grant status via mail around the first of the month following application. For example, if your application is postmarked on or before August 10, you should expect a decision around September 1. The notification will include a check request form and survey.
4. All grant recipients must submit a certificate verifying their attendance at the requested conference/training within two weeks of the event to the United Way of the Wabash Valley. Approximately two weeks after receipt of this information, a check will be issued.
5. All grant recipients must submit a completed survey after attending the conference or training.

**Direct questions and mail your application postmarked by the 10th of the month, to:**

United Way of the Wabash Valley  
 Success by Six Early Education Grant  
 PO Box 3094  
 Terre Haute, IN 47802

Phone: 812-235-6287



## Unique Training Opportunities

### Kids Gone Wild!!!

Unique week day opportunity!

Due to the HIGH demand of the Preschool Social Emotional Training-Kids Gone Wild, we have added a unique opportunity for you to attend during the work week on a week day! This 2 day training contains the following topics: Promoting Children's Success: Building Relationships, Creating Supportive Environments (addresses strategies for preventing challenging behaviors) and Teaching Children skills that will last a lifetime. This training will help remind you why you work with children and help you understand your critical role in the lives of young children. You can be the one person that changes a child's life!

Thursday, July 7<sup>th</sup> and Friday, July 8<sup>th</sup>- 9:00am-4:00pm

Booker T. Washington Community Center

Just \$45 for this two day-14 hour training.

Cost includes all training materials, lunch, and educational experiences.

To register, please submit the registration form along with your payment. You will then be contacted with confirmation of your registration.



### Super Saturday!!!

Unique full day trainings!

Short drive for providers in Morgan, Montgomery, Putnam counties

To help meet the demand for trainings in some of our counties we are offering this unique training opportunity. Super Saturday is a day packed full of educational experiences and lots of fun! You will receive the following training: 2 hours in curriculum for 0-5 yr. olds, 1 hour in art, 1 hour in music, 2 hours in physical fitness.

Saturday, July 23rd 9:00am-3:30pm

Precious Playmates Daycare Ministries

3496 E Morgan St

Martinsville, IN

For just \$10 you will get 6 hours of training.

Bring a sack lunch for your 30 minute lunch break!!

To register, please submit the registration form along with your payment. You will then be contacted with confirmation of your registration.



Next Super Saturday:

August 20th- Greene County

Watch your newsletter for more details.



### CASY Employees Receive United Way Award

The CASY staff was recognized for their personal contributions to the United Way of The Wabash Valley. The highest award, the Gold Award was presented to the CASY staff. CASY had 100% employee donation participation in the United Way campaign and was recognized for average per capita contribution of more than \$50. As a United Way agency, CASY program's and our providers benefit as a recipient of funds from United Way, but we are also proud to support all the United Way agencies.



## Cooking Healthy for Children: Salt, Sugar, and Fat – Kids don't know if it's not there.

Did you know kids taste more than adults do? The tastes that children experience are much more intense than adults. Their taste buds are more sensitive than adults. This means that you don't need to add seasonings, salt, or sugar to their foods! If you do the seasoned food may overpower children's taste buds and if the food does not taste good children will not eat it.

Children are able to taste the natural salt and sweetness in foods. When preparing food for children you also don't need to worry about adding butter or other fats because the flavors of the foods will be more than enough! Here are some reasons this is so great!

- Save grocery money because a little of seasonings, salt, sugar, and fats will go a long way
- Their food will be healthier without the addition of salt, sugar, or fat
- Decrease the risk of obesity
- Decrease the risk for developing type 2 diabetes
- Less things to think about when preparing food
- Less food waste

Kids enjoy and are impressed by the simplest things in life and this follows true with their food. Reduce one more stress in your life and don't worry so much about seasoning the food, it can hold its own alone!

**Try these healthy and flavorful recipes with your children.**

### Bean-and-veggie quesadillas:

Prep and cook time: 30 Minutes

Ingredients: 1 tablespoon vegetable or olive oil, 1 onion, finely diced, 2 cloves garlic, minced, 1 (15 ounce) can black beans, rinsed and drained, 1 green bell pepper, chopped, 2 tomatoes, chopped, 1 cup fresh or frozen corn or , 12 (12 inch) whole wheat tortillas, 1 cup shredded low fat cheddar cheese, cooking spray

Note: can substitute vegetables, beans and cheese of choice.

1. Heat 1 tablespoon oil in a skillet over medium heat, and sauté the onion and garlic until soft. Mix in beans, bell pepper, tomatoes, and corn; cook until heated through.
2. Spread 6 tortillas with equal amounts of the bean and vegetable mixture. Sprinkle with equal amounts of the Cheddar cheese, and top with the remaining tortillas to form quesadillas.
3. Spray cooking spray in a large skillet over medium-high heat. Place quesadillas in the skillet and cook, turning once, until cheese is melted and both sides are lightly browned. Can also cook on warm grill.  
Cut each quesadilla in half and serve warm.

### Zucchini and Tomato Pasta

Pasta: Prep and Cook Time: 25 to 30 minutes

Ingredients: 8 oz linguine, 2 lb zucchini, 2 1/2 Tbsp olive oil, divided, 1 1/2 cups grated Mozzarella cheese, 1 pint grape tomatoes

1. Bring water to a boil. Cook the linguine according to package directions. Drain.
2. Meanwhile, use a julienne peeler, mandolin, or vegetable peeler to form long, thin strips of zucchini (about the same size as the linguine), or cut into cubes. Set aside.
3. Cut grape tomatoes in half. Set aside.
4. Heat 2 Tbsp of the oil in a large nonstick skillet over medium heat. Add the zucchini and cook about 4 minutes, tossing constantly. Transfer to a large bowl.
5. Combine the linguine, zucchini, cheese, tomatoes, and the remaining 1/2 Tbsp olive oil. Serve warm or at room temperature.

### Quick and Simple Egg Sandwich

Prep and cook time: 20 minutes

Ingredients: 1 whole grain english muffin, 1 whole egg and 1 egg white, 1 slice low fat or fat free American cheese, 2 tablespoon low fat milk

1. Place English Muffin in toaster.
2. While muffin toast, place non-stick skillet on burner set on medium. Whisk eggs and milk in bowl until some air is incorporated. Pour mixture into heated skillet and let cook stirring occasionally until fully cooked.
3. While eggs cook, cut slices of cheese in half. Open the toasted muffin and place cut slices of cheese on each muffin half.
4. When eggs are fully cooked, separate them in half and place on one muffin half. Put sandwich together and cut in half.

## Paths to QUALITY™ Car Clings are Big Hit!

Last month the Bureau of Child Care sent car clings to all child care programs participating in Paths to QUALITY. The car clings are an affordable mechanism to raise awareness and brand recognition of the Paths to QUALITY logo. Some examples of logo recognition are the red and white bull's-eye used by Target, or Nike's "swoosh" symbol. Our goal is to make families and community members aware of the value of the Paths to QUALITY logo.

It was recently reported that a fire marshal has requested that the car clings NOT be placed in the windows of child care programs. While mass distribution of the car clings is the goal, please encourage everyone to put them on their cars, not on building windows.

Here are some suggested ways to distribute car clings:

- Use the letter explaining your level in Paths to QUALITY that is on the marketing tool kit CD you received and attach a car cling to each letter
- Give them to staff to hand out
- Talk about Paths to QUALITY at staff meetings and distribute the clings

If you would like additional car clings to distribute to families please contact, Kelsey at ext. 36.



## Big Brother Big Sister Bowl for Kids Sake



The CASY girls, Heather, Natalie, Terri, Pam and Jacquie participated & donated for the Big Brother Big Sister Bowl for the Kids Sake fundraiser held on March 25th.

### Paid Membership Advertisement

## Childcare Provider Tip

For those of you with pea gravel in your play areas, you know that the gravel seems to travel all over the grass and walkways where it is not wanted. Not only does it interfere with mowing, it is unsightly. One provider has found a solution. Use your shop vac to sweep it up. The shop vac picks up the stray pea gravel and is easily placed back in the right area! Do you have a tip to share? If so, please let us know at [help@casyonline.org](mailto:help@casyonline.org). We love to share great ideas!



## Child Care Consultant

Spring & Summer Specials!

- ~Purchase a Sensory Stand & Tub Set Get 3lbs of Rice Free (1Color)
- ~ Kiddie Car Wash SALE price \$85.00
- ~ Purchase a Flip Chart will come with 1 Song/Finger Play
- ~ Orders of \$150+ get their choice of 15 free Mini Marshmallow Launchers or 10% off their entire order



Kiddie Car Wash \$85.00



Sensory Stand & Tub \$45.00



Dramatic Play House \$45.00



Flip Chart Holder \$10.00

### Other Materials

- ◆ Colored Pasta ~\$2 per lb
- ◆ Colored Rice ~ \$2 per lb
- ◆ Play-dough ~ \$3 per batch

### ◆ PVC Pipe Materials

Pipe Mobile ~ \$35

Mini Marshmallow

Launchers ~ 5 for \$1

Melanie Brunett  
12201 N Murphy Rd  
Brazil, IN 47834  
(812)251-5117  
[childcareconsult@yahoo.com](mailto:childcareconsult@yahoo.com)

**CALL OR EMAIL TO PLACE  
YOUR ORDER TODAY!**

Find on  
Facebook

\*Sale Effective June thru August 2011



## Get a Grip on Handwashing

Don't let Good Hand Hygiene Take a Summer Vacation

Flu season may be over, but that doesn't mean you should be any less vigilant about washing your hands. Just think of all the summer foods, like barbeque, hamburgers, corn on the cob and watermelon that we eat with our hands.

Summer colds and foodborne illnesses are spread by unclean hands. In addition, good hand hygiene will also reduce the risk of spreading germs that have become resistant to antibiotics, such as methicillin-resistant *Staphylococcus aureus*, or MSRA.

Here's how to properly wash your hands when soap and water are available:

- Wet hands with warm running water.
- Apply soap and rub hands together vigorously to make a lather, and scrub all surfaces.
- Continue scrubbing for 20 seconds, or about as long as it takes to sing one verse of "Old MacDonald Had a Farm."
- Rinse well under warm, running water. Dry hands thoroughly.

So much of summer is spent on the go, at picnics, barbeques, ball games – places where food is served, and again it is food that we eat with our hands, like hot dogs, nacho chips, and ice cream cones. Soap and water may not be readily available. Be prepared! Keep hand-sanitizer and/or handwipes in your car, purse, briefcase, backpack, picnic basket, etc., so you never have to sacrifice good hand-hygiene habits for good food.

To download a copy of the Handwashing brochure, visit <http://www.cleaninginstitute.org/assets/1AssetManager/GetAGrip.pdf>.

Article by: American Cleaning Institute *Cleaning Matters May/June 2011*



CPR Information  
CPR & First Aid

Classes include Universal Precautions

All CPR, First Aid and Universal Precautions classes are \$30 per person.

- \* Registration and payment must be received in advance.
- \* Classes are filled on a first-come basis and money is non-refundable.
- \* Classes are held at the Booker T. Washington Community Center, Small Conference Room.
- \* Classes begin promptly; late attendees cannot be admitted.
- \* Classes are not designed to accommodate children.
- \* Call the CASY office, ext. 30 for available dates and additional information.

**LEAAP  
Program  
Honored**



Congratulations to Mary Yelton and the entire staff of the Linking Education to Adults, Adolescents and Preschoolers (LEAAP) Program. The LEAPP program received the Edward N. Howard Literacy Award sponsored by the Wabash Valley Literacy Coalition. The LEAPP program provides a wealth of literacy services for families in Clay County and the staff is well deserving of this prestigious award.

### The Provider Resource Room Hours

Monday - Friday 9:00am - 5:00pm

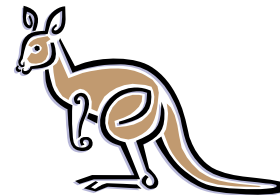
&

1st Saturday of the month

Our next open Saturday is June 4 from 9:00am - 1:00pm

Come in during our business hours to use our Provider Resource Room. We have a Lending Library with several great books available to borrow, also a Waxing Machine, Laminator, AccuCut Machine, and much more! This room is open for providers and their employees to use. We have staff available to answer questions and to show you how to use the items in the Resource Room.

For any questions feel free to contact the CASY office at  
800-886-3952 or 812-232-3952



**Corner**

**C  
r  
e  
a  
t  
i  
v  
e**

## Community Alliance and Services for Young Children

1101 S. 13th– 2nd floor  
Terre Haute, IN 47802

### Return service requested

Phone: 812-232-3952 or 800-886-3952

Fax: 812-232-1731

<http://www.casonline.org>

NON-PROFIT ORG.

U.S. POSTAGE

**PAID**

Terre Haute, IN

Permit No. 841

### CASY Membership

CASY Membership fees are used to enhance our programs and projects.

Membership is open to child care and early education professionals as well as business and individuals interested in supporting our mission to promote developmentally appropriate early education and quality child care.

#### General membership types receive:

- AAA Hoosier motor club discount membership
- Monthly newsletter
- Free Notary Public Services
- Access to Lending Library
- Access to Accu-Cut Machine
- Access to Cricut cartridges
- Access to our rubber stamp collection
- Discount coupon from Education World, Terre Haute

#### Child Care provider/Early Educational Professional membership receive in addition:

- 100 free photo copies per month
- Free laminating– 20 sheets per year
- Free newsletter classified ads
- Qualifies as Professional membership for CDA and renewal
- Special gifts and items throughout the year
- Discount to CASY conferences

Thank you for your support!

Your membership is a reflection of your investment in quality child care for our community.

*All membership types only \$30 per year*

#### Type of membership check one

\_\_\_\_\_ Child Care or Early Education Professional (All benefits)

\_\_\_\_\_ Individual interested in quality child care and early education in our community (General membership benefits)

\_\_\_\_\_ Business interested in quality child care and early education in our community (General membership benefits)

Name \_\_\_\_\_

Child Care site or school if applicable \_\_\_\_\_

Business name if applicable \_\_\_\_\_

Mailing address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

***It is the policy of CASY not to discriminate on the basis of race, color, religion, sex, national origin, age, or disability, in its programs, activities, or employment policies.***