

Child Care Resource and Referral
is a project of the Indiana
Association for Child Care
Resource and Referral and the
Indiana Family and Social Services
Administration



NEWSLETTER

January 2010

Issue # 1

Printed monthly at:
1101 S. 13th St.
Terre Haute, IN 47802

NEW AND IMPROVED TRAINING PAGE FORMAT!!

Our training page will now be an easy to use insert that you can post or copy to hand out to staff! Each month we will insert training opportunities for the current month and the following month. Please remember to check each month as changes may occur in the scheduling or location. Also, please note that we are constantly trying to add new trainings so watch for the star indicating a new opportunity. We will also be putting information into the body of the newsletter about outside training opportunities that may be of interest to you and/or your staff!

SEVERE WEATHER GUIDELINES

The season is upon us when inclement weather may occur at any time. Please be aware that if inclement weather hits our area we may need to make adjustments to our office activities. Trainings, Paths to QUALITY mentoring visits, food program visits, and/or CCDF appointments may need to be cancelled and/or rescheduled. When registering individuals for a CASY training be sure to leave a contact number where all participants can be reached the day of the training. If, for any reason, a training needs to be cancelled/rescheduled a member of the CASY staff will call all registered participants to notify them of the changes. If you have any questions about outside trainings being offered please contact the CASY office at 800-886-3952/812-232-3952.

CASY Office Closings

January 1– New Years’ Day

January 18th– Martin Luther King Jr. Day

Happy New Year!





Congratulations!

Providers who increased a level

in October & November

Level 3

Hall Head Start (Morgan)

Vigo County Head Start (Vigo)

Level 2

Just Like Home (Parke)

Providers newly Enrolled in Paths to QUALITY

in October & November

Happy Town Daycare (Montgomery)

Terre Town Daycare & Preschool (Vigo)

What is Paths to QUALITY?

Paths to QUALITY is a free and voluntary program created to recognize child care providers on a four-level rating system. It also gives parents a tool to find the best quality program for their family's needs and most importantly it is designed to improve the quality of child care and early education for children.

What are the four levels of Paths to QUALITY?

Level 1:

- ☆ Health and safety needs of children are met
If you are a *licensed* home or center you already qualify to be a level one provider!

Level 2:

- ☆ Environment supports children's learning

Level 3:

- ☆ Planned curriculum guides child development and school readiness

Level 4:

- ☆ National Accreditation (the highest indicator of quality) is achieved

What are the rewards for enrolling in Paths to QUALITY?

Just for enrolling in the Paths to QUALITY program the provider will receive:

- An incentive package of materials valued at \$50!
- FREE mentoring assistance to help achieve each level!
- Training, technical assistance, and support from the CASY staff!
- A provider tool kit to help market your business as a Paths to QUALITY provider!
- A workbook that is yours to keep that will help guide you through each level!
- A certificate and window decal signifying your current level status to parents!

All of that just for signing on the program;
there are more incentives with each level that is obtained!

What do I need to do to enroll in the program?

1. Call the **CASY office at 812-232-3952 or 800-886-3952** and speak with **Melanie at ext 36**
2. Sign up and attend a **FREE Paths to QUALITY Introduction session**
3. Fill out the enrollment forms and return to the **CASY office**
4. Next you will meet with your mentor to sign an agreement and receive your incentive package
5. Then you are officially a **Level 1 provider!**



led by CHANCES for Indiana Youth

Carbon Monoxide Alarms Could Prevent Half of All CO Poisoning Deaths

With the arrival of the holiday season comes the arrival of colder weather, as well as an increase in the number of fuel-burning appliances being used in the home. These appliances include ovens, space heaters, generators, indoor grills and fireplaces, and they can cause dangerous levels of carbon monoxide (CO) to build up in the home.

Families today are better at understanding the importance of having working smoke alarms in every sleeping area, but what about carbon monoxide alarms? Carbon monoxide is so dangerous because it is odorless, invisible, and it can kill. CO can make a child seriously ill in small doses that might not noticeably affect an adult.

According to a study from 2004 to 2006, children younger than 5 years old have the highest estimated rate of CO-related visits to the emergency room each year among all age groups in the United States. More than 25 kids die from CO poisoning every year.

Important safety tips to protect families from CO poisoning:

- Prevent CO buildup in the first place - make sure heating appliances are in good working order and used only in well-ventilated areas.

- Don't run a car engine in the garage, even to warm it up; move the car outside first.

- Install a CO alarm outside every sleeping area, on every level of your home and at least 15 feet away from every fuel-burning appliance.

- When you check your smoke alarm batteries each month, check the batteries on your CO alarms at the same time – and replace the batteries twice a year.

- Never use a stove for heating.

- Have all gas, oil or coal burning appliances inspected by a technician every year to ensure they're working correctly and are properly ventilated.

- If a CO leak is suspected, open windows to allow fresh air into the home. If someone who has been in a poorly ventilated room with a fuel-burning appliance exhibits symptoms including headache, fatigue, nausea, vomiting, or confusion, move the victim to fresh air and call 911.

If more than one person in the home suddenly feels ill for no apparent reason, or if a CO alarm goes off, get everyone outside immediately and call 911 from a pre-arranged meeting place. CO alarms are available at hardware stores for about \$20. That is a small price to pay to help detect odorless, poisonous gases in the home before it's too late.



Fun Recipe for the Kids



Fun Taco Cups

What you need:

- 1 lb ground beef
- 1 pkg. (1-1/4 oz.) TACO BELL HOME ORIGINALS®
- 1 can (10 oz.) refrigerated buttermilk biscuits
- 1/2 cup KRAFT Shredded Cheddar Cheese

Directions:

Heat oven to 400°F. Cook meat with seasoning mix as directed on package.

Press biscuits onto bottoms and up sides of 10 muffin cups; fill with meat mixture.

Bake 15 min. Sprinkle with cheese; bake 2-3 min. or until melted.

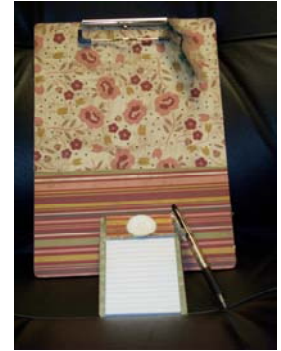
CASY Craft Classes

CASY staff and guests will offer special craft classes throughout the year. For a minimal cost, participants can attend the class of their choice and leave with a great handmade, unique item as well as learn new techniques that can do on your own once class is over!

Tuesday, February 9 (6:00pm-7:30pm) CASY Craft Class– Instructor Karen Harding

Project: Decorative clip board & decorative note pad & matching pen– Cost: \$8 includes all materials

Class size is limited. Please complete enclosed registration form and check made payable to CASY. You will receive an email confirming your registration. Contact Karen Harding at ext. 26 with any questions.



The Provider Resource Room

Hours

Monday - Friday 9:00am - 1:00pm

&

1st Saturday of the month from 9:00am - 1:00pm

Our next open Saturday is February 6 from 9:00am - 1:00pm

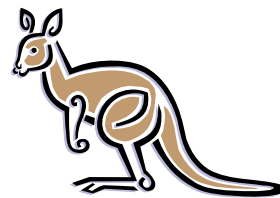
Closed 1st Saturday in January in Observance of New Year's Day.

Come in during our business hours to use our Provider Resource Room. We have a Lending Library with several great books available to borrow, also a Waxing Machine, Laminator, AccuCut Machine, and much more! This room is open for providers and their employees to use. We have staff available to answer questions and to show you how to use the items in the Resource Room.

For any questions feel free to contact Melanie (ext 36)

at the CASY office

800-886-3952 or 812-232-3952



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Corner

Autism Spectrum Disorder Speaker Series

February 17, 2010

9:00 am-4:00pm

Registration starts at 8:30am

Claire Thorsen, MS, CCC, SLP

2 sessions:

Behavior Management & Positive Behavioral Supports

April Newton, MS, CCC, SLP

1 session:

Communication

Lylia Forsythe, MT-BC and Amanda Cook, MT-BC

1 session:

Music Therapy

**The series will be held at the Holiday Inn
3300 South US Hwy 41 Terre Haute IN 47802**

April 15, 2010

9:00 am-4:00pm

Registration starts at 8:30am

Linda Vicory- Vocational Rehabilitation Services

Nicole Dickhans, Danielle Schuster, and Jessica Edwards- Research- based Strategies for Students with Autism

Candace Joles, EdD- Postsecondary Transitioning

Jerry B Mansfield, PhD- Bright Hope Riders

REGISTRATION FEE-

\$25 per full day (this includes lunch and materials)

\$15 per half day (includes materials)

Mail payable checks to: Blumberg Center, Indiana State University,

University Hall 009W

TODDLER TUESDAY

FIRST TUESDAY OF EVERY MONTH

CASY AND THE TERRE HAUTE CHILDREN'S MUSEUM HAVE COLLABORATED AND CREATED A FANTASTIC, FUN AND FREE PROGRAM FOR LOCAL CHILD CARE PROGRAMS. TODDLER TUESDAY INCLUDES STORIES, HANDS ON LEARNING AND AN OPPORTUNITY TO EXPLORE THE INTERACTIVE EXHIBITS AT THE TERRE HAUTE CHILDREN'S MUSEUM FOR CHILDREN AGES ONE TO FIVE. EACH MONTH WE COVER DIFFERENT TOPICS RELATING TO SCIENCE AND LITERATURE. IT IS FREE TO CHILD CARE PROVIDERS AND THE CHILDREN THEY BRING WITH THEM. CHILD CARE PROVIDERS MUST PRE-REGISTER NO LATER THAN THE FRIDAY BEFORE.



THE AVENUE IS LOCATED AT 523 WABASH AVE. THE NEXT EVENT IS SCHEDULED FOR THE DAY JANU.

Preschool Social Emotional-KIDS GONE WILD!!!!!!!!!!

This is a two session training totaling 12 hours of training, but you must attend BOTH trainings as well as Technical Assistance at your site with one of the trainers. This Technical Assistance is FREE and will help you put your knowledge from the training into action at your site.

Mark these dates and call to reserve your spot today!

January 23, 2010– Large Conference Room, Booker T. Washington Community Center (9:00am-3:30pm)
Module 1-Promoting Children's Success: Building Relationships and Creating Supportive Environments
(addresses strategies for preventing challenging behaviors).

January 30, 2010– Large Conference Room, Booker T. Washington Community Center (9:00am-3:30pm)
Module 2- Social Emotional Teaching Strategies (problem solving, communicating emotions appropriately and building friendships).

Space is limited, and this is a training that you do NOT want to miss! To reserve your spot today, call Crystal @ CASY
812-232-3952 ext. 37 or email: chaskett@casyonline.org



CPR Information CPR & First Aid

Classes include Universal Precautions

All CPR, First Aid and Universal Precautions classes are \$30 per person.

- * Registration and payment must be received in advance.
- * Classes are filled on a first-come basis and money is non-refundable.
- * Classes are held at the Booker T. Washington Community Center, Small Conference Room.
- * Classes begin promptly; late attendees cannot be admitted.
- * Classes are not designed to accommodate children.
- * Call the CASY office, ext. 30 for available dates and additional information.

Zumba Classes

Millions of people have decided that having fun and working out are not mutually exclusive. You too can ditch the workout and join the party!

Where: Booker T. Washington Community Center– Gym

1101 South 13th St., Terre Haute

When: Every Monday & Wednesday

Time: 5:30pm-6:30pm

Cost: \$4.00 per session (pay at session) or

SPECIAL OFFER 10 class punch card ONLY \$25

Call CHANCES for Indiana Youth for more information (812) 232-5190.

Registration Form

Mail this form along with a check or money order made out to *CASY* for any trainings with a fee noted.
Registrations are taken on a first come first serve basis.

Attendee Name: _____

E-mail: _____

Address: _____

Phone: _____

Training(s) information:

Name

Date

Name	Date
_____	_____
_____	_____

**CASY* trainings are about children not for children.
You will not be allowed to stay at a training if you have a child(ren) with you.

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_____	_____

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Community Alliance and Services for Young Children

1101 S. 13th— 2nd floor
Terre Haute, IN 47802

Phone: 812-232-3952 or 800-886-3952

Fax: 812-232-1731

<http://www.casonline.org>

NON-PROFIT ORG.

U.S. POSTAGE

PAID

Terre Haute, IN

Permit No. 841

CASY Membership

CASY Membership fees are used to enhance our programs and projects.

Membership is open to child care and early education professionals as well as business and individuals interested in supporting our mission to promote developmentally appropriate early education and quality child care.

All membership types receive:

- AAA Hoosier motor club discount membership
- Monthly newsletter
- Free Notary Public Services
- Access to Lending Library
- Access to Accu-Cut Machine
- Discount coupon from Education World, Terre Haute

Child Care provider/Early Educational Professional membership receive in addition:

- 100 free photo copies per month
- Free laminating— 20 sheets per year
- Free newsletter classified ads
- Qualifies as Professional membership for CDA and renewal
- Special gifts and items throughout the year
- Discount to CASY conferences

Thank you for your support!

Your membership is a reflection of your investment in quality child care for our community.

All membership types only \$30 per year

Type of membership check one

_____ Child Care or Early Education Professional

_____ Individual interested in quality child care and early education in our community

_____ Business interested in quality child care and early education in our community

Name _____

Child Care site or school if applicable _____

Business name if applicable _____

Mailing address _____

City _____ State _____ Zip code _____

Email: _____

Phone: _____

It is the policy of CASY not to discriminate on the basis of race, color, religion, sex, national origin, age, or disability, in its programs, activities, or employment policies.