

Child Care Resource and Referral
is a project of the Indiana
Association for Child Care
Resource and Referral and the
Indiana Family and Social Services
Administration



NEWSLETTER

August 2011

Issue # 8

Printed monthly at:
1101 S. 13th St.
Terre Haute, IN 47802

Annual CASY Conference

Learn and Play the Active Way



Saturday- August 27, 2011

Cost: \$15 Member or \$20 Non-member

Registration 8:00 am Conference 8:30 am-1:00 pm
Oakley Auditorium IVY Tech Community College
Terre Haute, IN

Brochure & Registration form were mailed out and
available at casonline.org

Conference Info: Research shows that physical activity can help children learn at the same time they are building their bodies and improving their movement skills. And did you know that physical activities can also add joy and purpose to every child care day? Children are natural movers. Let them Learn and Play the Active Way! This presentation by Dr. Diane Craft will teach you many easy-to-lead activities. You'll see how easy it is to encourage children 18 months to 5 years of age to develop their fundamental movement skills and fitness, while using the very same physical activities to teach them cognitive concepts. Dr. Craft's physical activities use only readily available, inexpensive and common equipment to give children many opportunities to explore moderate to vigorous movement in safe ways.

Speaker Info: Diane H. Craft, PhD, Professor, is on the faculty of the Physical Education Department at State University of New York at Cortland where she regularly teaches undergraduate and graduate courses in adapted physical education and elementary physical education. Since 1999 she has been promoting developmental appropriate, inclusive physical activity for toddlers and preschoolers. To that end, she has co-authored three books on inclusive preschool physical activity. Her most recent book/DVD set, co-authored and co-produced with Craig Smith is *Active Play: Fun Physical Activities for Young Children* and the accompanying Telly Award winning DVD showing young children participating in physical activities. Craft presents frequently on preschool physical activity at conferences and workshops throughout the country.

For more information about Dr. Craft visit: www.activeplaybooks.com



Congratulations

Providers who recently increased to Level 2



Paths to QUALITY Introduction Sessions

Required session to participate in Paths to QUALITY where you will learn about enrollment and the process.

<u>Date</u>	<u>Time</u>	<u>Location</u>
Monday, August 1st	6:00pm-8:00pm	<i>Booker T. Washington Community Center</i> 1101 S. 13th Street Terre Haute, IN
Thursday, August 18th	6:00pm-8:00pm	<i>Martinsville Public Library</i> 1101 S. Jefferson St. Martinsville, IN
Wednesday, September 21	6:00pm-8:00pm	<i>Crawfordsville Holiday Inn</i> 2506 N Lafayette Rd Crawfordsville, IN
Monday, September 26	6:00pm-8:00pm	<i>Booker T. Washington Community Center</i> 1101 S. 13th Street Terre Haute, IN

Early Education Professional Development Grant Reimbursement



Clay, Parke, Sullivan, Vermillion and Vigo Counties only

The Professional Development Grant Program supports attendance at continuing education programs for child care providers/early education professionals that work directly with children ages 0-6.

Success by Six Professional Development Grants may be used for conferences, trainings, or workshops that focus on early education, child development or child care. Conferences, trainings, or workshops must be significantly related to the applicant's position and improve the applicant's ability to do his or her job and the agency's ability to foster the healthy development of young children. Applications due 10th of every month.

Professional Development Grants may only be used for the following expenses: Registration/conference/training fees. The minimum cost of the registration must be \$30. Trainings with minimal registration fees of less than \$30 are not eligible for a grant. Total grant available: **\$ 150 maximum and only one grant per person per calendar year.**

Complete Guidelines & Application available at: casonline.org/successby6grantmay2011.pdf

For more information, contact Mark Johnson at United Way of the Wabash Valley at 812-235-6287.

~SUMMER FUN~

Summer Sun Collage

Tape a large piece of paper to the wall. Have the children look through magazines for pictures of summer things like picnics, swimming, summer foods etc. Let the children cut them out or let your toddler tear them out. Have the children glue the pictures to the paper.

Sand Paintings

Brush glue on cardboard or construction paper and sprinkle the colored sand on the glue. (colored sand could be bought at a craft store) Shake off any excess sand and let dry.

Sunshine Painting

Materials:

- Large paper
- Yellow, white and orange paint
- Painting items such as; brushes, swabs, feathers, fingers, etc.

What to do:

Talk about how summer means many hot days and that the sun provides them. Ask what color the sun is and let children choose the colors they would like to use to make their sunny pictures.

Book List

- * *By the Seashore* by Maurice Pledger
- * *It's Summer* by Linda Glaser
- * *The Summer Solstice* by Ellen Jackson
- * *Painting the Wind* by Patricia and Emily Machlachlan



Summer Quiet Place

Materials:

A small plastic pool, scissors, blue tissue paper, one or two small blow up rings used in swimming pools and a few good books.

What to do:

Put a small plastic swimming pool in a corner of the room.

Add several sheets of blue tissue paper and scissors. The children will love taking turns cutting the paper in small pieces. This will be your water. Remove the scissors and add a couple of small swimming rings that you have filled with air, a child or two, and a few books. No problem at clean up time. They love picking up the "spilled water".

Sunshine Fingerplay

The sun makes the outside a warm place to play

(arms above head in circle)

It makes the flowers grow each day

(holding up hands wiggling fingers)

The sun hides its face during the night

(cover face with hands)

But during the daytime it shines - oh so bright

(arms above head in circle)





ATTENTION CHILD AND ADULT CARE FOOD PROGRAM PROVIDERS AND FACILITIES; MANDATORY CHILD and ADULT CARE FOOD PROGRAM CHANGES ARE ON THE WAY!



The Healthy Hunger Free Kids Act was voted into law December 10, 2010. In this act Congress and the USDA set policies that made a positive impact for our agencies and CACFP participants. The policies with brief descriptions and effective dates that affect the operations of Family Day Care Homes, Registered Ministries and Licensed Centers enrolled in the Child and Adult Care Food Program are listed below.

- * **Fluid Milk and Fluid Milk Substitutions in the Child and Adult Care Food Program:** Requirements for fluid milk and fluid milk substitutions in the Child and Adult Care Food Program have been modified. The modification requires that fluid milk served in the CACFP be consistent with the most recent version of the Dietary Guidelines for Americans. The 2010 Dietary Guidelines recommend that persons over two years of age consume fat-free (skim) or low-fat (1%) fluid milk. This is now a requirement for Child and Adult Care Food Program providers; **fat-free (skim) or low-fat (1%) fluid milk must be served to children over the age of 2 years.** Whole milk and reduced-fat (2%) milk may **not** be served to participants over two years of age. This requirement is effective immediately and full compliance should occur no later that October 1, 2011.

CASY Food Program implementation: throughout the next months the CASY Food Program will offer providers and facilities further training and resources on serving fat-free (skim) or low-fat (1%) fluid milk. On monitor reviews CASY Food Program staff will check the milk being served to children over 2 years of age. The CASY Master Menu has been updated to meet this and other 2010 Dietary Guideline recommendations. These updated master menus will be made available to CASY Food Program providers on August 1, 2011 and will be effective on October 1, 2011. For questions regarding this requirement and others contact Terri Hemminghouse, Food Program Manager, at extension 28.

- * **Water Availability in the Child and Adult Care Food Program:** This establishes a requirement to make potable water available to children in the Child and Adult Care Food Program. Providers and facilities participating in the CACFP are to make drinking water available to children, as nutritionally appropriate. Throughout the day including at meal times, water should be made available for children to self-serve. Note water is not part of the reimbursable meal and may not be served in lieu of fluid milk. Recommendations are to not serve children too much water before and during meal times as this may lead to meal displacement, reducing the amount of food and milk consumed by the children. Providers and facilities are encouraged to serve water with snacks when no other beverage is being served and in lieu of other beverages that are served outside of meal times. This requirement is effective immediately and full compliance should occur no later than October 1, 2011.

CASY Food Program implementation: throughout the next months the CASY Food Program will offer providers and facilities further training and resources on water availability. On monitor reviews CASY Food Program staff will also check providers' and facilities' water availability service and policy. Ensure your staff is trained on this requirement. This requirement should not be difficult for Indiana providers and facilities to meet as they are currently required per licensing standards to have drinking water available throughout the day.

- * **Transmission of Household Income Information by Tier 2 Family Day Care Homes in the Child and Adult Care Food Program:** This requirement has been amended to allow tier 2 family day care (FDCH) home providers in the CACFP to have specific authority to collect the household income eligibility forms from households and transmit them to their sponsor. In order for a FDCH provider to implement this they must ensure: 1. each household knows they are not required to complete the income eligibility in order for their child to participate in the CACFP and 2. Each household knows they have the option to complete the form and return the form directly to the sponsor or return the form to the provider with written consent allowing the provider to collect the form. A written consent clause will be included in a revised income eligibility application form. This policy is effective immediately.

CASY Food Program implementation: If you are a Tier 2 Mixed provider and wish to distribute and collect the Income Eligibility Application (blue forms) from your families, you must distribute to families the revised income eligibility application form. Contact the CASY Food Program office for these forms. Also new income guidelines (see chart on page 5) became effective July 1, 2011. We have always recommended that Tier 2 Mixed providers choose one month out of the year to distribute Income Eligibility Application forms to all of their enrolled families. With these changes now would be a good time to request these new Income Eligibility Application forms and distribute to all enrolled families. Contact the CASY Food Program office at extension 27 for a packet of these forms.

Continued on page 5...

New tiering income guidelines have been released:

The United States Department of Agriculture has issued the following income guidelines effective

July 1, 2011- June 30, 2012

Household Size	Reduced- Priced Meals- 185%					Free Meals- 130%				
	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly	Annual	Monthly	Twice per Month	Every Two Weeks	Weekly
1	20,147	1,679	840	775	388	14,157	1,180	590	545	273
2	27,214	2,268	1,134	1,047	524	19,123	1,594	797	736	368
3	34,281	2,857	1,429	1,319	660	24,089	2,008	1,004	927	464
4	41,348	3,446	1,723	1,591	796	29,055	2,422	1,211	1,118	559
5	48,415	4,035	2,018	1,863	932	34,021	2,836	1,418	1,309	655
6	55,482	4,624	2,312	2,134	1,067	38,987	3,249	1,625	1,500	750
7	62,549	5,213	2,607	2,406	1,203	43,953	3,663	1,832	1,691	846
8	69,616	5,802	2,901	2,678	1,339	48,919	4,077	2,039	1,882	941
For each add'l family member, add	7,067	589	295	272	136	4,966	414	207	191	96

Tier 2 providers if you feel you may qualify for Tier 1 based on the income guidelines above contact Terri at extension 28 for an application.

CASY Self Paced CDA Program!

CASY will work with individuals interested in obtaining their CDA by evaluating your individual prior child care education including workshops and in-service trainings you have already attended to identify the clock hours of education you have already earned in each of the required CDA content areas. We will then assist you to develop a personalized education plan to meet the clock hours you still need. The cost for the introduction class is \$50 which includes the education evaluation and assistance with your professional development plan. Many of the trainings CASY offers toward your 120 required hours are provided free of charge or at a nominal fee. You will determine which trainings or distance learning sessions you should attend to complete your 120 hours at your own pace. If you have attended several trainings over the past 4 years, you may already have many of the training hours you need!

You may obtain your CDA credential in one of two settings:

- Center-based Credential for which Candidates receive endorsements to work with preschool children, or with infants and toddlers;
- Family Child Care Credential

You must be at least 18 years of age and have a high school diploma or GED.



Once you complete the 120 hours we will guide you in developing your professional portfolio and then you can request a CDA Assessment Observation at your site. This assessment is \$50. We will provide you with information on how to apply for a CDA assessment scholarship through the T.E.A.C.H. Early Childhood Indiana Project.

To learn more about this CDA opportunity please call Jacque at 800-886-3952 or 812-232-3952 extension 25.

FOR BETTER OR FOR WORSE
By Alan Johnson

AAGH!!!

AAGH!!! NOT AGAIN!

STUPID, DUMB CRUMMY CRASH!!

NO! AAH!! I DON'T WANNA GO TO BED! WAAAH!!

MOM?AREN'T YOU GONNA KISS ME GOODNIGHT?

TO TELL YOU THE TRUTH, MIKE, WHEN YOU ACT LIKE THAT... I JUST DON'T FEEL LIKE KISSING YOU AT ALL!

BUT, MOM... THAT'S WHEN I NEED IT MOST!

Never forget that children are children! They need adults to teach them how to play with blocks, as well as manage their emotions to the skills to be successful adults.

Look for the upcoming training dates for Kids Gone Wild, which focuses on teaching children Social and Emotional competence.

CPR Information
CPR & First Aid

Classes include Universal Precautions

All CPR, First Aid and Universal Precautions classes are \$30 per person.

- * Registration and payment must be received in advance.
- * Classes are filled on a first-come basis and money is non-refundable.
- * Classes are held at the Booker T. Washington Community Center, Small Conference Room.
- * Classes begin promptly; late attendees cannot be admitted.
- * Classes are not designed to accommodate children.
- * Call the CASY office, ext. 30 for available dates and additional information.

"In the external scheme of things, shining moments are as brief as the twinkling of an eye, yet such twinklings are what eternity is made of moments when we human beings can say 'I love you,' 'I'm proud of you,' 'I forgive you,' 'I'm grateful for you.' That's what eternity is made of: invisible, imperishable good stuff."

-Fred Rogers

The Provider Resource Room
Hours

Monday - Friday 9:00am - 5:00pm
&
1st Saturday of the month
Our next open Saturday is August 6 from 9:00am - 1:00pm

Come in during our business hours to use our Provider Resource Room. We have a Lending Library with several great books available to borrow, also a Waxing Machine, Laminator, AccuCut Machine, and much more! This room is open for providers and their employees to use. We have staff available to answer questions and to show you how to use the items in the Resource Room.

For any questions feel free to contact the CASY office at 800-886-3952 or 812-232-3952

Creative
Corner

Training Registration Form

DO NOT USE FOR CASY FALL CONFERENCE

Mail this form along with a check or money order made out to *CASY*.
Registrations are taken on a first come first serve basis.

Attendee Name: _____

Address: _____

Phone: _____

Training(s) information:

Name

Date

_____	_____
_____	_____
_____	_____

**CASY trainings are about children not for children.*
You will not be allowed to stay at a training if you have a child(ren) with you.

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Community Alliance and Services for Young Children

1101 S. 13th– 2nd floor
Terre Haute, IN 47802

Return service requested

Phone: 812-232-3952 or 800-886-3952

Fax: 812-232-1731

<http://www.casonline.org>

NON-PROFIT ORG.

U.S. POSTAGE

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Terre Haute, IN

Permit No. 841

CASY Membership

CASY Membership fees are used to enhance our programs and projects.

Membership is open to child care and early education professionals as well as business and individuals interested in supporting our mission to promote developmentally appropriate early education and quality child care.

General membership types receive:

- AAA Hoosier motor club discount membership
- Monthly newsletter
- Free Notary Public Services
- Access to Lending Library
- Access to Accu-Cut Machine
- Access to Cricut cartridges
- Access to our rubber stamp collection
- Discount coupon from Education World, Terre Haute

Child Care provider/Early Educational Professional membership receive in addition:

- 100 free photo copies per month
- Free laminating– 20 sheets per year
- Free newsletter classified ads
- Qualifies as Professional membership for CDA and renewal
- Special gifts and items throughout the year
- Discount to CASY conferences

Thank you for your support!

Your membership is a reflection of your investment in quality child care for our community.

All membership types only \$30 per year

Type of membership check one

_____ Child Care or Early Education Professional (All benefits)

_____ Individual interested in quality child care and early education in our community (General membership benefits)

_____ Business interested in quality child care and early education in our community (General membership benefits)

Name _____

Child Care site or school if applicable _____

Business name if applicable _____

Mailing address _____

City _____ State _____ Zip code _____

Email: _____

Phone: _____

It is the policy of CASY not to discriminate on the basis of race, color, religion, sex, national origin, age, or disability, in its programs, activities, or employment policies.