

Child Care Resource and Referral is a project of the Indiana Association for Child Care Resource and Referral and the Indiana Family and Social Services Administration



CASY NEWSLETTER

April 2011
Issue # 4

Printed monthly at:
1101 S. 13th St.
Terre Haute, IN 47802

CPSC Launches New Product Safety Reporting Database

On Friday, March 11, the U.S. Consumer Product Safety Commission (CPSC) launched an important new tool and resource for pediatricians and other health care providers as well as parents and families: SaferProducts.gov, an online database to report injuries or hazards posed by consumer products.

Established as part of the Consumer Product Safety Improvement Act of 2008, the SaferProducts site allows physicians, parents, and others to report incidents involving consumer products that caused harm or could have caused harm. Examples of reportable incidents might include:

- A child's ingestion of a small part that broke off a toy
- An injury caused when a child fell out of a crib, cradle, bassinet, or bunk bed
- An infant's rash linked to a detergent or cleansing product meant for use with babies



As reports are collated, they will be made available online with identifying information so pediatricians and family members can search the database for reports associated with specific products or classes of products. Names and other identifying information will not be made public. Please note that the database is meant only for reports of harms or potential safety risks, not for complaints about the effectiveness or utility of products.

Learn more at <http://SaferProducts.gov>. A short informational video about filing reports is online at <http://saferproducts.gov/videos/cpsrmsreporting-vid.html?autoplay=yes>.

CASY Training Opportunities



As always we are striving to meet the needs of our training participants. We plan our trainings in accordance to adult learning styles by ensuring that all training venues are comfortable and can hold the appropriate amount of participants to promote optimal learning. We also plan our trainings based on the training needs assessment and add to our plan when possible. When registering for our trainings please be mindful of the demand that we have for our trainings by registering and attending trainings that are pertinent to your professional development and not just to get training certificates. Professional development should be based on the individual. To help meet the demand for trainings we will have a new and exciting opportunity coming this summer-**Super Saturdays**. Super Saturdays will be offered in the outer counties with several hours of training at one location on one day! Watch future newsletters for more information!!! If you have any questions regarding our trainings please contact Natalie at ext 35.



Congratulations!

Providers who increased a level
in February and March

Level 3

Sam's Shining Stars (Vigo)

Level 2

Sonny Acres Daycare (Montgomery)

Valley Child Development Center Inc. (Vermillion)

Greencastle Family Resource Center (Putnam)

Cloverdale Family Resource Center Head Start (Putnam)

Kiddie Carousel (Vigo)

What is Paths to QUALITY?

Paths to QUALITY is a free and voluntary program created to recognize child care providers on a four-level rating system. It also gives parents a tool to find the best quality program for their family's needs and most importantly it is designed to improve the quality of child care and early education for children.

What are the four levels of Paths to QUALITY?

Level 1:

- ☆ Health and safety needs of children are met

If you are a *licensed* home or center you already qualify to be a level one provider!

Level 2:

- ☆ Environment supports children's learning

Level 3:

- ☆ Planned curriculum guides child development and school readiness

Level 4:

- ☆ National Accreditation (the highest indicator of quality) is achieved

What are the rewards for enrolling in Paths to QUALITY?

Just for enrolling in the Paths to QUALITY program the provider will receive:

- An incentive package of materials valued at \$50!
- FREE mentoring assistance to help achieve each level!
- Training, technical assistance, and support from the CASY staff!
- A provider tool kit to help market your business as a Paths to QUALITY provider!
- A workbook that is yours to keep that will help guide you through each level!
- A certificate and window decal signifying your current level status to parents!

All of that is just for signing on the program;
there are more incentives with each level that is obtained!

What do I need to do to enroll in the program?

1. Call the CASY office at 812-232-3952 or 800-886-3952 and speak with Alyssa at ext 51
2. Sign up and attend a FREE Paths to QUALITY Introduction session
3. Fill out the enrollment forms and return the CASY office
4. Meet with your mentor to sign an agreement



Earth Day April 22, 2011

Recycle Game

What you need:

Variety of materials/trash for sorting (plastic bottles, newspapers, cans, etc.)
Separate containers for sorting

What to do:

Scatter the materials around the room or outside. Let the children pick up the materials/trash and recycle it in the correct container. After they recycle everything they can scatter it and do it again.

Earthcakes

Cover the work surface with newspaper. Place a tub of each of the following on the art table or floor: sand, dirt, salt, gravel.

Have small pitchers of water plus old bowls and spoons nearby. Let each child concoct an earthcake by choosing some of the materials in the tubs, mixing them in a bowl with water. Let the earthcakes dry.

Have the children collect items on a walk to decorate their cakes, such as twigs, grass, stones, etc.



Their Own World

Using green and blue water (food coloring), have children use an eyedropper to drip colors onto a coffee filter. They love watching the coffee filter absorb and spread the colors. Looks like the Earth when finished!

Let Me Help

(tune of Twinkle, Twinkle, Little Star)

Reduce, recycle and reuse,
Be careful with the things you choose.
Don't leave lights and water on,
Pick up litter when you're done.
Keep the air and water clean,
Help our earth stay strong and green!

Earth Day Books

The Great Trash Bash by *Loreen Leedy*

The Earth And I by *Frank Asch*

The Lorax by *Dr. Seuss*

Dinosaurs to The Rescue by *Laurie Krasny Brown and Marc Brown*

A Garden of Opposites by *Nancy Davis*

One Light, One Sun by *Raffi*

Charlie and Lola, We are Extremely Very Good Recyclers by *Lauren Child and Bridget Hurst*

We're Going on a Bear Hunt by *Michael Rosen, illustrated by Helen Oxenbury*

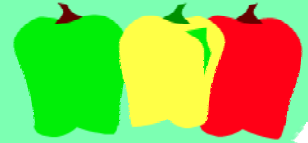
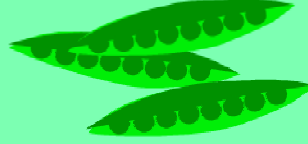
Check us out on Facebook!



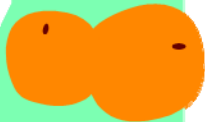
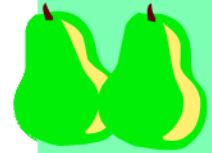
We are listed under Community Alliance and Services for Young Children, CASY.

CASY has a Facebook page! Have you "liked" us? If not, do so today and you can join many other early childhood professionals that receive and share information regarding the early education and child care field!

Variety...For Good Health



Eating a variety of fruits and vegetables is important for children because different foods contain different vitamins and minerals that perform various jobs in the body. The actual color of a fruit or vegetable can often indicate the benefits of eating that particular food.



Dark green veggies like spinach and broccoli contain vitamin K. Vitamin K is important in helping blood to clot. When a child gets a cut or scrape, the scab that is formed to protect the cut or scrape is due in part to vitamin K.



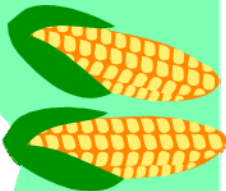
Deep yellow, orange, and some red vegetables, like carrots, peppers, cantaloupe, sweet potatoes, tomatoes, and watermelon contain vitamin A. Vitamin A keeps children's eyes and skin healthy and helps protect them against infections.



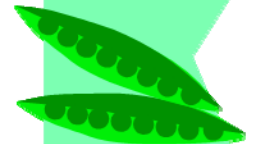
Potassium is found in a lot of white fruits and veggies like bananas, potatoes and beans. Potassium helps children maintain good blood pressure and a healthy heart.



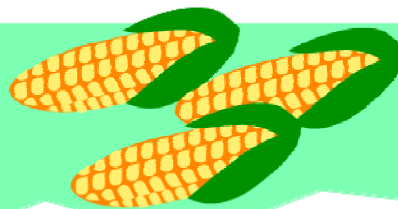
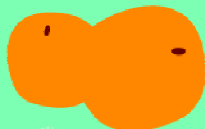
The colors of deep red, blue or purple are found in some vegetables and in a lot of fruits. Things like berries contain vitamins but maybe more importantly, they contain something called antioxidants. Even children's bodies contain messy, little "leftovers" just from doing their everyday jobs. Antioxidants help clean up those messy "leftovers."



Vitamin C can be found in fruits and vegetables of just about any color—even white. Vitamin C helps keep children's teeth and gums healthy and helps protect them from diseases.



Eating a colorful variety of fruits and veggies is the best way for children to get all the different, important vitamins and minerals they need to stay strong and healthy. So provide lots of different fruits and vegetables every day or at least every week: green ones, yellow, orange and red ones, white ones, blue and purple ones. It's a rainbow of good health!





Try one of these simple solutions the next time you're looking for a healthy snack with variety.

Nut Butter-Flies

Ingredients:

- Some type of Nut butter (peanut, almond, cashew) or reduced fat cream cheese
- Apple, cored and cut into thin slices
- Carrot cut into ~6" sticks

Instructions:

1. Simply make a nut-butter (or cream cheese) sandwich using apple slices and nut butter or cream cheese, cut apple sandwiches in half.
2. Split carrot stick about 1/3 down for antennae.
3. Arrange the apple pieces along-side carrot "body" as wings.



Tropical Fruit Quesadillas

Ingredients:

- Whole-wheat tortillas
- Marshmallow fluff
- Reduced-fat cream cheese
- Mandarin orange slices
- Bananas, thinly sliced
- Canned crushed pineapple, drained

Instructions:

1. Cut tortillas in half using pizza cutter.
2. Mix equal parts marshmallow fluff and reduced fat cream cheese, blending until smooth.
3. Spread layer of fluff/cream cheese mixture on 1/2 tortilla.
4. Top with pineapple, oranges and bananas.
5. Cover with other 1/2 tortilla; cut into wedges with pizza cutter.



Fruit/Yogurt Parfaits

Ingredients:

- Reduced-fat vanilla yogurt
- Frozen blueberries and strawberries, thawed
- Granola

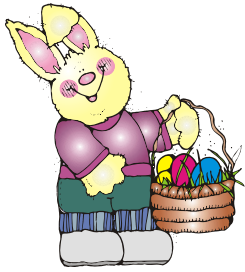
Instructions:

1. Spoon 2 TBSP. yogurt into cup.
2. Top with 2 TBSP. thawed fruit.
3. Repeat layers 1x; then add one more layer yogurt.
4. Top with 1 Tbsp. granola.



Sources for articles on pages 4 & 5: Lynn Fulford; Bennion, M., & Scheule, B., (2010). *Introductory Foods*. Upper Saddle River, New Jersey: Prentice Hall.; <http://www.schoolnutrition.org>; <http://www.fruitsandveggiesmorematters.org>; <http://www.mypyramid.gov/pyramid/vegetables.html>; <http://loveyourveggies.com/images>





The CASY office will be closed on
Friday, April 22nd
in Observance of Good Friday.



CPR Information CPR & First Aid

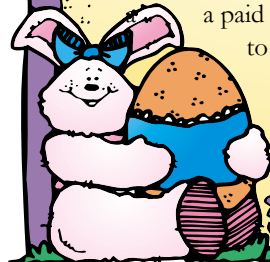
Classes include Universal Precautions

All CPR, First Aid and Universal Precautions classes are \$30 per person.

- * Registration and payment must be received in advance.
- * Classes are filled on a first-come basis and money is non-refundable.
- * Classes are held at the Booker T. Washington Community Center, Small Conference Room.
- * Classes begin promptly; late attendees cannot be admitted.
- * Classes are not designed to accommodate children.
- * Call the CASY office, ext. 30 for available dates and additional information.

April Membership Gift Bags

CASY members can stop by our office April 1-29 to pick up your membership gift bag that is stuffed full of fun items! If you are out of county and have a difficult time getting to our office you can call Jacquie at ext. 25 to make arrangements to have the bag delivered to your county. If you are not a paid CASY member & would like to join in April, you will receive your gift bag!



The Provider Resource Room Hours

Monday - Friday 9:00am - 5:00pm

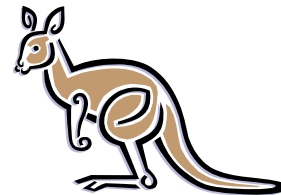
&

1st Saturday of the month

Our next open Saturday is April 2 from 9:00am - 1:00pm

Come in during our business hours to use our Provider Resource Room. We have a Lending Library with several great books available to borrow, also a Waxing Machine, Laminator, AccuCut Machine, and much more! This room is open for providers and their employees to use. We have staff available to answer questions and to show you how to use the items in the Resource Room.

For any questions feel free to contact the CASY office at
800-886-3952 or 812-232-3952



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Corner

Registration Form

Mail this form along with a check or money order made out to *CASY* for any trainings with a fee noted.
Registrations are taken on a first come first serve basis.

Attendee Name: _____

E-mail: _____

Address: _____

Phone: _____

Training(s) information:

Name

Date

Name	Date
_____	_____
_____	_____

**CASY* trainings are about children not for children.
You will not be allowed to stay at a training if you have a child(ren) with you.

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Community Alliance and Services for Young Children

1101 S. 13th– 2nd floor
Terre Haute, IN 47802

Return service requested

Phone: 812-232-3952 or 800-886-3952

Fax: 812-232-1731

<http://www.casonline.org>

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Terre Haute, IN

Permit No. 841

CASY Membership

CASY Membership fees are used to enhance our programs and projects.

Membership is open to child care and early education professionals as well as business and individuals interested in supporting our mission to promote developmentally appropriate early education and quality child care.

General membership types receive:

- AAA Hoosier motor club discount membership
- Monthly newsletter
- Free Notary Public Services
- Access to Lending Library
- Access to Accu-Cut Machine
- Access to Cricut cartridges
- Access to our rubber stamp collection
- Discount coupon from Education World, Terre Haute

Child Care provider/Early Educational Professional membership receive in addition:

- 100 free photo copies per month
- Free laminating– 20 sheets per year
- Free newsletter classified ads
- Qualifies as Professional membership for CDA and renewal
- Special gifts and items throughout the year
- Discount to CASY conferences

Thank you for your support!

Your membership is a reflection of your investment in quality child care for our community.

All membership types only \$30 per year

Type of membership check one

_____ Child Care or Early Education Professional (All benefits)

_____ Individual interested in quality child care and early education in our community (General membership benefits)

_____ Business interested in quality child care and early education in our community (General membership benefits)

Name _____

Child Care site or school if applicable _____

Business name if applicable _____

Mailing address _____

City _____ State _____ Zip code _____

Email: _____

Phone: _____

It is the policy of CASY not to discriminate on the basis of race, color, religion, sex, national origin, age, or disability, in its programs, activities, or employment policies.